

| Kisharon Noe School Menu Autumn 2025/2026 Week 3 | | | | | |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Dish | Mushroom and red lentil Bolognese | Dhal makhani | Salmon fish cake | Spanakopita | Pizza |
| Carbs | Pasta | Basmati rice | Quinoa | New Potatoes | Pizza |
| Veg | Spinach | Okra | Steamed broccoli | Beetroot and apple slaw | Mix leaves salad |
| Gluten Free | Mushroom and red lentil Bolognese | Dhal makhani | Salmon fish cake | Spanakopita | Pizza |
| Salad | Selectionof fresh cut vegetables | Selectionof fresh cut vegetables | Selectionof fresh cut vegetables | Selectionof fresh cut vegetables | Selectionof fresh cut vegetables |
| Dessert | Selectionof fresh cut fruit/ Yogurt | Selectionof fresh cut fruit/ Yogurt | Selectionof fresh cut fruit/ Yogurt | Selectionof fresh cut fruit/ Yogurt | Selectionof fresh cut fruit/ Yogurt |
| Allergens | Gluten | None | Gluten, Fish, Egg | Gluten, Dairy | Gluten, Dairy |