

Kisharon Noe School Menu Winter 2025  
Week 4

|             | Monday                                | Tuesday                               | Wednesday                             | Thursday                              | Friday                                |
|-------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| Main Dish   | Feta and tomato bake                  | Tacos                                 | Salmon and leek pie                   | Creamy tofu Bhurji                    | Jacket potato                         |
| Carbs       | Pasta                                 | Quinoa                                | Mashed potatoes                       | Pita Bread                            | Potatoes                              |
| Veg         | Zucchini                              | Sweet corn "risotto"                  | Savoy Cabbage                         | Okra                                  | Baked beans                           |
| Gluten Free | Feta and tomato bake                  | Tacos                                 | Salmon and leek pie                   | Creamy tofu Bhurji                    | Jacket potato                         |
| Salad       | Selection of cut vegetables and salad | Selection of cut vegetables and salad | Selection of cut vegetables and salad | Selection of cut vegetables and salad | Selection of cut vegetables and salad |
| Dessert     | Seasonal Fruit & Yogurt               | Seasonal Fruit & Yogurt               | Seasonal Fruit & Yogurt               | Seasonal Fruit & Yogurt               | Seasonal Fruit & Yogurt               |
| Allergens   | Gluten                                | Gluten                                | Gluten, Fish, Mustard                 | Soya                                  | Gluten, Dairy, Fish                   |