

Kisharon Noe School Menu Winter 2025
Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cauliflower Mac & Cheese	Mushroom and tofu stroganoff	Poached eggs	Veggie burger	Tuna melt sandwich
Carbs	Pasta	Wild rice	Cous cous	New potatoes	Roast sweet ptatoes and butternu squash
Veg	Green salad	Roasted beetroot and carrots	Butter beans stew	Cole slaw	Cherry tomatoes and red onion salad
Gluten Free	Cauliflower Mac & Cheese	Mushroom and tofu stroganoff	Poached eggs	Veggie burger	Tuna melt sandwich
Salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad
Dessert	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt
Allergens	Gluten, Dairy	Dairy, Mustard	Dairy	None	Gluten, Dairy, Fish