

Kisharon Noe School Menu Winter 2025
Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Spaghetti puttanesca	Roasted parsnip and lentil curry	Smoked salmon and dill cream cheese wrap	Caponata	Pizza
Carbs	Spaghetti	Brown rice	French fries	Bulgur	Pizza
Veg	Broccoli	Steamed spinach	Tomato and capers salad	Green beans	Caesar salad
Gluten Free	Spaghetti puttanesca	Roasted parsnip and lentil curry	Smoked salmon and cream cheese wrap	Caponata	Pizza
Salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad
Dessert	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt
Allergens	Gluten, Fish	None	Gluten, Dairy, Fish	None	Gluten, Dairy