

**Autumn Term Menu - Week 3**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Tomato and feta pasta	Burrito	Mushroom tarts	Stuffed paprika	Fish & Chips
Carbs	Pasta	Tortilla chips	Bean stew	Cous cous	Chips
Veg	Zucchini	Guacamole	Beetroot and orange salad	Spinach	Mashy peas
Gluten Free	Tomato and feta pasta	Burrito	Mushroom tarts	Stuffed paprika	Fish & Chips
Salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad
Dessert	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt
Allergens	Gluten	Gluten, Dairy	Gluten, Dairy	None	Gluten, Fish