

**Autumn Term Menu - Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Caprese stuffed portobello mushrooms	Split pea stew	Tuna Pasta Bake	Samosas	Caponata
Carbs	Garlic bread	Parsley potatoes	Pasta	Rice	Bulgur
Veg	Sweet potato and butternut squash	Fried egg	Green beans and cherry tomatoes	Cabbage and green peas curry	Three bean salad
Gluten Free	Caprese stuffed portobello mushrooms	Split pea stew	Tuna Pasta Bake	Samosas	Caponata
Salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad	Selection of cut vegetables and salad
Dessert	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt	Seasonal Fruit & Yogurt
Allergens	Dairy	Dairy	Gluten, Dairy, Fish	Gluten	None