

Learning Journey

Swim competently important for survival? and proficiently over a distance of 25

Invasion games - Explore basic actions with the feet including kicking, dribbling and passing and stopping in isolation and in combination.

Participate in team games developing

simple tactics for attacking and defending

(eg football and hockey)

To be familiar with & use

the rules set, & keep

games going without

disputes

To participate in

different stretches to

warm up and cool

down the body

Participate in team games

developing simple tactics for

attacking and defending (eg

netball, boccia, basketball,

dodge ball)

Develop basic movements including,

rolling throwing and catching in

isolation and in combination.

Take part in outdoor and adventurous

activities both individually and within a team

What was life like in

medieval times?

Participate in team games

developing simple tactics

for attacking and defending

(eg football and hockey)

How did the

Romans change

our world?

Invasion games - Explore basic

actions with the feet including

kicking, dribbling and passing and

stopping in isolation and in

combination

Body movements and Net and

wall Games - Master basic

movements including running

and jumping within a range of

activities. Practice movements

within an obstacle course.

Develop basic movements

including, rolling throwing

and catching in isolation

and in combination.

Participate in team games

developing simple tactics for

attacking and defending. (eg

netball, boccia, basketball,

dodge ball)

What was life like during

the turn of BC to AD?

To be familiar with &

use the rules set, &

keep games going

without disputes

imaginatively,

responding to

stimuli.

To create, copy,

perform and

evaluate short

movement

phases

Could you survive in a

rainforest?

Gymnastics - Develop flexibility,

technique, control and balance

though gymnastics. To explore

movement, stillness and how to find

To explore basic

on the floor and

using apparatus

How has history

changed the way we

Gymnastics - Develop flexibility,

technique, control and balance

though gymnastics To explore

movement, stillness and how to

find and use space safely

celebrate?

To change the rhythm, speed, level and direction of their movements. To work with a partner or as part of a small group

Dance - Perform dances using simple movement patterns

To use movement

imaginatively,

responding to

stimuli.

How do different

celebrate?

football and hockey) How are skills from the iron/ stone age still

Participate in team

games developing

simple tactics for

attacking and

defending (eg

To be familiar with & use the rules set, & keep games going without disputes

Are the Pyramids of Giza

an important part of

world history?

Develop basic

movements including,

rolling throwing and

catching in isolation

and in combination

used today?

Body movements and Net and wall Games - Master basic movements including running and jumping within a range of activities. Practice movements within an obstacle course.

To create, copy,

perform and

evaluate short

movement

phases

To be familiar with &

use the rules set, &

keep games going

without disputes

Did the Vikings

change our

world?

combination.

ing kicking, dribbling and passing and stopping in isolation and in combination

2025

Participate in team games

developing simple tactics for

attacking and defending (eg

netball, boccia, basketball,

dodge ball)

Invasion games -

Explore basic actions

with the feet includ-

<u>Dance - Perform</u> dances using a range of different movement patterns.

KS 1/2

Take part in outdoor and adventurous activities both individually and within a team

Swim competently and proficiently

of 25 meters

Gymnastics -To explore combinations of floor, mats

& apparatus, & find different ways of using shape, balance or

To participate in To adapt a sequence to include different different stretches to levels, speeds or directions

warm up and cool down the body

Take part in outdoor

and adventurous

activities both individually and

within a team

To participate

in different

stretches to

warm up and

cool down the

body.

To adapt a

<u>Dance</u> - Perform dances using a range of different

movement patterns

developing simple tactics for attacking and defending (eg football and hockey)

2023

Participate in team games

Invasion games - Explore basic actions with the feet including kicking, dribbling and passing and stopping in isolation and in

To be familiar

Swim competently and proficiently over a

distance of 25 meters

Gymnastics - To explore combinations of floor, mats & apparatus, & find different ways of using shape, balance or travel

sequence to include different levels, speeds or directions.

2021

Develop basic movements including, rolling throwing and catching in isolation

part of a small group To create, copy,

Would you like to live in

perform and evaluate short movement phases

How has history changed

the way we celebrate?

flexibility, technique, control and balance though gymnastics. To explore movement,

and in combination.

on the floor and

<u>Gymnastics:</u> Develop

gymnastic actions

To explore basic

Body Movements and Net and Wall Games

To participate in different stretches to warm up and cool down the

movement

<u>Gymnastics</u> - To explore combinations of floor, mats & apparatus, & find different ways of using shape, balance or

> To adapt a sequence to include different levels, speeds or directions.

> > Take part in outdoor and

adventurous activities both

individually and within a team Perform dances using

a range of different

movement patterns Swim competently and proficiently over a distance of 25 meters

To adapt a sequence to include different

levels, speeds or directions.

> **Gymnastics** - To explore combinations of floor, mats & apparatus, & find different ways of using shape, balance or travel

> > Swim competently and proficiently over a distance of 25 meters.

Dance - Perform range of different patterns .

sequence to include different levels, speeds or directions.

To participate in different stretches to warm up and cool down the body

> Gymnastics - To explore combinations of floor, mats & apparatus, & find different ways of using

How have significant people changed our

Body movements and Net and wall Games - Master basic movements including running and jumping within a range of activities. Practice movements within an obstacle course.

> To be familiar with & use the rules set, & keep games going

ruled?

without disputes

To use movement imaginatively, responding to stimuli.

Dance—Perform dances using patterns.

Where in the world are you?

Participate in team To change the rhythm, games developing speed, level and direction of their movements. To work

with a partner or as part of a small group

To explore basic gymnastic actions on the floor and using apparatus How high can I travel countries and religions on Earth?

Gymnastics - Develop flexibility, To create, copy, technique, control and balance perform and though gymnastics. To explore evaluate short movement, stillness and how to find movement phases and use space safely

> Gymnastics - Develop flexibility, technique, control and balance Dance - Perform dances using though gymnastics. To explore simple movement movement, stillness and how to find patterns. and use space safely

How does it feel to be Can you travel the whole part of a carnival? way around the world?

To change the rhythm, To use movement speed, level and direction of their movements. To work with a partner or as part of a small group

> To explore basic gymnastic actions on the floor and

using apparatus stimuli.

imaginatively, responding to

To use movement Dance - Perform dances using simple movement

To explore basic

gymnastic

actions on the

floor and using

apparatus

How does it feel to be part of a carnival?

To change the rhythm, speed, level and direction of their movements. To work with a partner or as part of a small group

and use space safely To create, copy, perform imaginatively,

gymnastic actions movement responding to stimuli.

Perform

dances using

simple

movement

patterns.

and evaluate To use movement 시

Participate in team games

To change the rhythm,

speed, level and

direction of their

movements. To work

with a partner or as

developing simple tactics for attacking and defending (eg football and hockey)

with & use the rules set. & keep

games going without disputes

Why was the year 1666 important to London?

Invasion games - Explore basic actions with the feet including v kicking, dribbling and passing and stopping in isolation and in combination

Participate in team games developing simple tactics for attacking and defending. (eg netball, boccia, basketball, dodge ball)

What makes a person significant?



Master basic movements including running and jumping within a range of activities. Practice movements within an obstacle course.

2022 Take part in outdoor and

adventurous activities both individually and within team

e of the state of How was life different when Queen Victoria

shape, balance or travel

with the feet including kicking, dribbling and passing and stopping in isolation and in combination.

Invasion games -

Explore basic actions

simple tactics for attacking and defending. (eg football and hockey)

simple movement

stillness and how to find and use space safely

using apparatus

